

### SILENT HIKE CARDS (page 3)

**Close your eyes and listen closely for the sounds of the forest. What do you hear?**



**Imagine what this place would look like at night.**



**How many different shades of green can you find?**



**What would this place look like in a rain storm? Imagine the rain drops on your skin.**



**Do you like spending time outside alone?**

**Take a moment to feel the texture of this object. How would you describe it.**

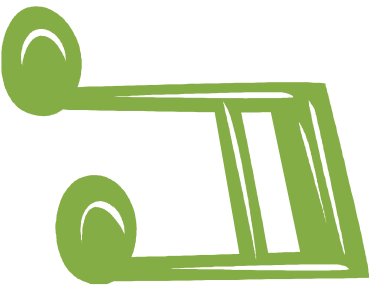
## SILENT HIKE CARDS (page 2)

**Do you know what kind of plant this is? Look closely at its leaves, bark, and seeds.**

**What do you think might live here? Where would it find shelter?**

**What is one thing you would like to share with your family about today?**

**Can you hear any birds around you? What might they be saying?**



**What is the smallest thing you can find?**



**Take a moment to feel the air against your skin. Is it warm or cool?**

### SILENT HIKE CARDS (page 3)

<p><b>Look up at the sky. What do you see?</b></p>	<p><b>What do you think this place looked like 100 years ago? How about 1,000 years ago?</b></p>	<p><b>Great job...you're almost there! Give yourself a pat on the back!</b></p>
<p><b>How long do you think people have been visiting this area?</b></p>	<p><b>How old do you think this tree is? Why?</b></p>	<p><b>What is your favorite thing about being outside?</b></p>